



Rotary Club of Wahiawa-Waiialua

Hulali

Club Bulletin

Death and Dying something to talk about

Our speaker today is a native of the islands who now resides in Los Angeles. During her trips home she makes it a point to visit Rotary and other community organizations to talk about a very sobering subject.

Judith Higa, earned her Masters degree in Psychology



Judith Higa

while working in the nursing home industry. The emphasis of the degree was on death and dying. Wanting to educate more people about the subject led to speaking engagements in front of school, civic and non-profit organizations, businesses and government agencies. She's also written a book and a booklet on the subject using the pen-name of *Judith Lee*.

While death and dying wouldn't be the first choice of conversation between a bunch of folks having lunch, Judith gave a short, concise and entertaining talk on the subject.

Due to time constraints Judith concen-

trated on "What a Way To Go!", also a title of a chapter in her book *"Before & After: What to do When Someone Dies"* Did you know there are five ways for you to be disposed of after your death? *Burial*. Below or above ground, or at sea.

Cremation. Routine in Hawaii, becoming more popular on the mainland

Mummification. For about \$25,000 you can be mummified and stored in a sarcophagus. But, ask yourself, where do you think your survivors will display it?

Cryonics. For a hefty fee, starting at \$150,000, you'll be flash frozen and stored until a cure for whatever killed you is discovered, then they'll attempt to thaw you out and make you one again. Of course, there are no money back guarantees with this procedure.

Donation. We've all heard of someone who donates one, or more, organs after their untimely death. Well, you can donate your entire body to the college or university of your choice. "You" would then be used in medical schools and for medical research. Full body donation is the least method used. Probably because no one thinks they will have an untimely death and arrangements have to be made, and a contract signed, while the

person is still alive and lucid.

My favorite part was when she told us, for \$2,500 on average, you can end up in the business end of aerial fireworks. Yes, there's a business in California that will take your cremains (ashes) and mix them with the gunpowder and launch "you" from a barge off-shore with family and friends sobbing, grieving or cheering, depending on your treatment of others during your lifetime. Going out with a bang is no longer just a phrase, you can really do it. Now, every July 4th and New Year's Eve I won't be wondering what that noise was, I'll be asking, "Who was that?"

The saddest part of the talk was at the end. Judith told us that an average of 6,000 people die every day in this country. Yet less than 20% of their survivors know what to do with the dearly departed because the subject was never discussed, or asked about. But you can learn more about this by visiting the website www.the-ddic.com or contacting JEL Publishing at 9854 National Blvd., Ste 109 Los Angeles, CA 90034 310.836.9367

Sporting the Sgt-At-Arms vest he found at the bottom of the working briefcase, **Bryan Gusman** proudly wore his "badge" for easy identification. We did note however, that it was originally tailored for someone with much less body mass than his.



Sergeant-at-Arms Bryan Gusman

RI Pres: *Bhichai Rattakul*

D5000 DG: *Bob Pennington*

Club Pres: *Rodger McCloskey*

RI website www.rotary.org

D5000 website www.rotaryd5000.org

Speakers	3/13 Club Assembly	Project Updates, News and General Information about the Club
	3/20 Golf Tourney	Annual Dr. Bill Wilkinson Scholarship Fund Raiser
	3/27 Craig Chellis	Disaster Readiness

March 6, 2003

The Hulali
P.O. Box 860601
Wahiawa, HI 96786
hulali@hawaii.rr.com



Our special guest today was **MGen Eric Olsen**, CG of the 25th ID at Schofield. Introduced by **PP George Vickers**, Gen Olsen gave us a brief report on happenings within, and affecting, the Division including the EIS on Makua and deployment of a small contingent of troops to Kuwait City.

In his "official" military report, **Col. Chuck Cardinal** told us that members of the 84th Engineers will be assisting in the clean up of the nasty weed in Lake Wilson. Could be that weed has met it's match.

Ken Uyeno alerted us a report he heard on NPR for citizens to donate blood now, before it is really needed, so as not to overload the blood banks around the country. Fresh blood can be retained for up to 42 days, and there is the everyday need so none of it will go to waste should there not be a war in Iraq.

George Vickers ponied up \$5 for failing to pay for **Cpt Stacy Bathrick's** lunch. In George's defense, Stacy was a few minutes tardy.

Dr. Neal Harding gave \$5 because he was sitting between **Cal Wakai** and **Mac McWhorter** (our two leading wallet drainers) and thought he might as well get it over with. **Mark Zanetti**, sitting next to Mac also donated \$5.

Mac announced that the members had donated over \$900 for the month of Feb. and that our matching grant with the Kyoto-Rakachu and Bangladore, India clubs to procure medical equipment had been de-

livered to the hospital in Bangladore. PP Cal told us that HRYF had a good Feb. also. \$925 to be exact. And that we have our first Sustaining member for the month of March in **Randy Tucker**. Mahalo, Randy.

President Rodger recognized Dr. (and PP) Dick Lawton for his March 6th birthday (today). Dick was generous with a \$100 donation to HRYF and \$20 to the Club. He threw in a Trip Report at the same time.

Prez Rodg had all the American Savings Bank employees stand, there were five, four of them female. **Lyle Kanemaru**, **Mary Antonio**, **Gail Marcovich** and two visitors from the Mililani Sunrise Club. Lyle got to sit down because the ladies were all congregated at the same table.

When Rodg referred to their sitting together as "fellowship" **Dave Bramlett** thought it should be "sisterhood". Since Dave cannot fine a current or past President, **PP Bill McKenzie** took care of that by citing Rodger for \$5. President Rodger then asked all the doctors in the room to stand—four of them at the same table—which resulted in a \$2 donation from each to match the donation from the ASB'ers.

Jim Fromm donated \$5 for being the only Coast Guard type in the Club and had the privilege of sitting anywhere without the risk of repercussion.

Dave Bramlett gave a Hi \$5 for the Mid-Week article showcasing **MGen Olsen** and the **U. S. Army in Hawaii**.

In Our Club this week

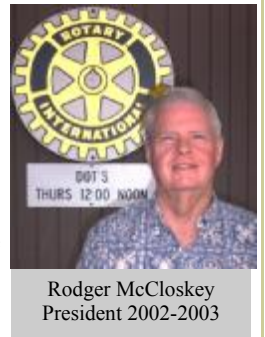
PE Geoff Horvath made a donation for his trip to the PETS Conference in San Jose. He said it was fun, very busy, very tiring but also very educational.

Nancy Barry gave a Hi \$5 for Ho'ala being in the top twenty for character education in the Independent schools and for being able to see *water* in Lake Wilson today.

Joe Greene wanted to know where his badge was. He apologized for being absent, but business and trips to the mainland have taken up much of his time. For his self-imposed penance he donated \$20 to HRYF and \$20 to the Club.

Club Assembly **next** Thursday. Committee members, get those reports in to your Avenue Chair.

Next week we will be passing the calabash to collect money that will be donated to the **Officer Gary Gaspar Memorial Fund** to benefit his children. Please remember to bring along a few extra dollars. The total collected will be donated in the name of the Club to show our community support.



Service Above Self

201st 100 % Paul Harris Fellow Club

He Profits Most Who Serves Best

New humanitarian grant approved is a 'first'

The first request for a grant under The Rotary Foundation's new Humanitarian Grants structure was approved on 14 February by Foundation General Manager Duane Sterling. The US\$2,000 District Simplified Grant, awarded to District 1170 (England), will be used after 1 July to purchase furniture for a day care center in Alto Paraiso, Brazil.

"The [center] needs to be set up to save young children from malnutrition, and as quickly as possible," says John Rendle,

chairman of District 1170's Rotary Foundation Committee and a member of the Rotary Club of Tiverton. "Children from birth to three years will be properly fed and the mothers, mostly single teenagers, will be educated in how to feed and look after themselves."

The day care center is sponsored by the Rotary Club of Alto Paraiso. District 1170 learned of the facility's needs from a visiting Brazilian Group Study Exchange team from District 4530.

District Simplified Grants are a tool that Rotary districts can utilize to support short-term, humanitarian projects that benefit the community. A district can use a portion of its available District Designated Fund to support multiple projects

locally or internationally. The district Rotary Foundation committee chairperson and district governor-elect must submit a completed District Simplified Grant request and Agreement Form to The Rotary Foundation in the Rotary year prior to funds being available. Requests may be submitted from 1 July to 31 March, and funds will be available in July each Rotary year.

As of 18 February, the Foundation had approved 13 grants out of 32 requests received under the new structure for a total of US\$270,394. The District Simplified Grants page offers more information about the grants, including terms and conditions.

July 24, 2003—Club Wine Tasting

In Our World of Rotary